

# Points of Interest in Liguria

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## CINQUE TERRE

Cinque Terre is one of the most natural Mediterranean areas of Liguria and the Tyrrhenian coast. Five miles of inaccessible coves and towering cliffs, where there are intact, wild,



incredible and beauty villages like Monterosso al Mare, Vernazza, Corniglia, Manarola, Riomaggiore, that are the guardians of an area that has been declared a National Park (only in Liguria) , added to a list of environmental and cultural heritage. They are unique villages, apparently fragile, especially when nature breaks upsetting the waters and the mountain landslides, but they are also strong in spirit with their 5,000 inhabitants.

## PORTOFINO

Portofino is currently one of the most famous resorts in the world, known internationally for "luxury" holidays but it can also offer lots of other things.



In 1977 the area of Portofino promontory became a Regional Natural Park, and offers a unique ecosystem for the coexistence of different morphological and climatic factors. The village is true to the principle of the coexistence between tourism and historical preservation needs, and it preserves its Ligurian tradition with the great charm of an area which has not undergone the wear of technological advancement.

## LERICI

Lerici is situated in the eastern part of the Gulf of La Spezia, near the estuary of the river Magra.



Lerici still retains its original medieval structure, with the characteristic houses lining the narrow alleys.

Lerici, however, is not only his village. In its territory, there are other locations, such as San Terenzo, with its castle, Villa Magni, inhabited by Percy Bysshe Shelley and Mary Shelley, and Villa Marigola, where you can enjoy a wonderful view of the beach of Venere Azzurra.

## PORTOVENERE

The village lies in the southern end of a peninsula, which, breaking away from the jagged coastline of the Riviera di Levante, forms the western shore of the Gulf of La Spezia, also known as the Gulf of Poets.

At the end of this peninsula there are three small islands: Palmaria, Tino and Tinetto. Only the



island of Palmaria, which lies directly opposite to the village of Porto Venere beyond a narrow arm of sea, is partially inhabited.

In the summer months there is a shipping service with the help of boats and ferries that connects the port of Porto Venere with the neighboring towns of Lerici, La Spezia and the main towns of Cinque Terre.

## SARZANA



Sarzana is very famous for its beautiful old town full of both religious and civil structures and characterized by a various daily and night life that are very appreciated.

The century walled village is almost intact, with walls and four towers. Nearby, you can visit the village of Falcinello and get up on the beaches of Marinella di Sarzana or visit the archaeological excavations of Luni, in the nearby town of Ortonovo.